

**WCSSAA**  
**ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES**  
**2004 -2022**

**SENIOR GIRLS 200 METERS**

| <b>Athlete</b>    | <b>School</b> | <b>Performance</b> | <b>Place</b> | <b>Year</b> | <b>Record/Notes</b> |
|-------------------|---------------|--------------------|--------------|-------------|---------------------|
| BAMIGBADE, Tomi   | CHCI          | 24.92              | 1            | 2018        | * ET                |
| BOUG, Tyra        | HHSS          | 25.09              | 2            | 2018        | ET                  |
| SEILING, Kate     | SJAM          | 25.11              | 1            | 2015        | * ET                |
| SMITH, Nicole     | GCI           | 25.41              | 2            | 2015        | ET                  |
| SAUER, Tegan      | FHCI          | 25.57              | 1            | 2013        | * ET                |
| CHARNUSKI, Olivia | EDSS          | 25.78              | 1            | 2008        | * ET                |
| RODGERS, Aaliyah  | GRCI          | 25.82              | 1            | 2016        | ET                  |
| MCHAINA, Chisomo  | SSS           | 25.88              | 1            | 2011        | ET                  |
| CHARNUSKI, Olivia | EDSS          | 25.9               | 1            | 2007        | * HT                |
| CARRIQUE, Jenny   | GRCI          | 25.98              | 1            | 2012        | ET                  |

**JUNIOR GIRLS 200 METERS**

|                       |      |       |   |      |      |
|-----------------------|------|-------|---|------|------|
| BOUG, Tyra            | HHSS | 25.33 | 1 | 2016 | * ET |
| MCHAINA, Chisomo      | SSS  | 25.84 | 1 | 2008 | * ET |
| SEILING, Katie        | SJAM | 25.88 | 1 | 2012 | ET   |
| PAINE, Nicole         | GCI  | 25.99 | 1 | 2018 | ET   |
| WRIGHT, Courtney      | JHSS | 26.13 | 1 | 2013 | ET   |
| SHADD-CERES, Trinity  | CHCI | 26.33 | 1 | 2022 | ET   |
| SMITH, Nicole         | GCI  | 26.36 | 2 | 2013 | ET   |
| VANDERVOORT, Chanelle | SSS  | 26.4  | 1 | 2007 | * HT |
| NEDD, Dominique       | GPSS | 26.58 | 1 | 2019 | ET   |
| BARRY, Tomeizel       | SJAM | 26.6  | 2 | 2007 | HT   |
| CAMPBELL, Savannah    | EDSS | 26.70 | 1 | 2015 | ET   |

**NOVICE GIRLS 200 METERS**

|                   |      |       |   |      |      |
|-------------------|------|-------|---|------|------|
| BAMIGBADE, Tomi   | CHCI | 25.68 | 1 | 2015 | * ET |
| CHARNUSKI, Olivia | EDSS | 26.2  | 1 | 2005 | * HT |
| RIGGAN, Jaia      | CHCI | 26.26 | 2 | 2015 | ET   |
| NEDD, Dominique   | GPSS | 26.40 | 1 | 2018 | ET   |
| BASHIR, Emilia    | CHCI | 26.5  | h | 2005 | HT   |
| BYERS, Abbygail   | EDSS | 26.51 | 1 | 2019 | ET   |
| ZILIO, Becca      | GCI  | 26.52 | 1 | 2008 | ET   |
| BOUG, Tyra        | HHSS | 26.58 | 3 | 2015 | ET   |
| MCHAINA, Chisomo  | SSS  | 26.6  | h | 2007 | HT   |
| MUSCHETTE, Mya    | HHSS | 26.69 | 2 | 2019 | ET   |

### SENIOR BOYS 200 METERS

| Athlete          | School | Performance | Place | Year | Record/Notes |
|------------------|--------|-------------|-------|------|--------------|
| READ, Owen       | EDSS   | 21.86       | 1     | 2018 | * ET         |
| DANIELS, Joey    | CHCI   | 22.13       | 1     | 2016 | * ET         |
| RITTINGER, Devon | FHCI   | 22.19       | 1     | 2012 | * ET         |
| GILPIN, Josh     | JHSS   | 22.34       | 2     | 2018 | ET           |
| RYAN, James      | SJAM   | 22.4        | 1     | 2005 | * HT         |
| PALJOLA, Nienkel | FHCI   | 22.40       | 1     | 2013 | ET           |
| GIROUX, Bryan    | EDSS   | 22.6        | 1     | 2007 | HT           |
| CAMPBELL, Scott  | GCI    | 22.68       | 1     | 2008 | ET           |
| MOHAN, David     | CHCI   | 22.72       | 2     | 2013 | ET           |
| WEBSTER, Joel    | SSS    | 22.76       | 2     | 2012 | ET           |

### JUNIOR BOYS 200 METERS

|                    |      |       |   |      |      |
|--------------------|------|-------|---|------|------|
| CAMPBELL, Scott    | GCI  | 22.8  | 1 | 2007 | * HT |
| THIBAUDEAU, Andrew | CHCI | 23.4  | 2 | 2007 | HT   |
| KOVACS, Jessi      | FHCI | 23.50 | 1 | 2013 | * ET |
| GIROUX, Bryan      | EDSS | 23.5  | h | 2004 | * HT |
| JUDGE, Chase       | JHSS | 23.52 | h | 2022 | ET   |
| SALYTCHEV, Alex    | PHS  | 23.54 | 2 | 2013 | ET   |
| GUERRA, Talon      | HHSS | 23.65 | 1 | 2008 | *ET  |
| MINKE, Josh        | BCI  | 23.7  | s | 2005 | HT   |
| CALDER, Keegan     | WCI  | 23.71 | 1 | 2010 | ET   |
| PALJOLA, Nienkel   | FHCI | 23.75 | 2 | 2010 | ET   |

### NOVICE BOYS 200 METERS

|                       |      |       |   |      |      |
|-----------------------|------|-------|---|------|------|
| MILLER-SMITH, Jordan  | CHCI | 23.9  | 1 | 2005 | * HT |
| MUSSELMAN, Aaron      | BCI  | 24.0  | 2 | 2005 | HT   |
| METZ, Brandon         | JHSS | 24.02 | 1 | 2013 | ET   |
| FREELAND, Sandy       | BCI  | 24.06 | 2 | 2013 | ET   |
| THOMAS, Joshua        | CHCI | 24.09 | 1 | 2018 | ET   |
| AGADA, Emeka          | EDSS | 24.25 | h | 2008 | ET   |
| TEMPORAO, Nick        | HHSS | 24.30 | 2 | 2008 | ET   |
| WOODHOUSE, Tom        | HHSS | 24.5  | 1 | 2007 | HT   |
| BALFOUR, Clayton      | KCI  | 24.6  | s | 2005 | HT   |
| KARUNARATNE, Kanishka | GCI  | 24.6  | s | 2005 | HT   |
| RICHARDS, Ethan       | SJAM | 24.62 | 3 | 2013 | ET   |