

**TRACK WARS**  
**ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES**  
**2012 -2022**

**SENIOR GIRLS 300 METERS**

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
SELING, Katie	SJAM	40.50	1	2015	*
FRASER, Alison	JFR	41.37	1	2013	*
SMITH, Nicole	Galt	41.37	2	2015	
JARVIS, Madison	GCVI	41.52	1	2016	
CAMPBELL, Savannah	EDSS	41.89	2	2016	
MATTHEWS, Amelia	WCI	42.02	1	2019	
BENSON, Princess	ECI	42.39	3	2015	
SMALL, Vanessa	SJCHS	42.47	4	2015	
COULIS, Ivy	SDCSS	42.49	2	2013	
MORRISON, Tegan	SJAM	42.61	2	2019	

**JUNIOR GIRLS 300 METERS**

SANTIAGO, Xaharia	Notre Dame	40.29	1	2015	*
BEST, Ashlan	GCVI	40.68	2	2015	
BROWN, Lily	HHSS	42.64	1	2019	
MATTHEWS, Amelia	WCI	42.90	1	2018	
STEENVELD, Holly	BMCHS	43.33	2	2018	
BOUG, Tyra	HHSS	43.36	1	2016	
AMBROSE, Tara	CWDSS	43.37	3	2015	
MEIER-ROSS, Kaitlynn	GCVI	43.63	4	2015	
AMBROSE, Tara	MDCSS	43.83	1	2013	*
MORRISON, Tegan	SJAM	43.92	3	2018	

**NOVICE GIRLS 300 METERS**

SAWYER, Kailee	Bluevale	42.59	1	2012	*
ROBINSON, Lena	SACSS	43.67	1	2014	
NEDD, Dominique	GPSS	44.03	1	2018	
LOSTROCCO, Tiana	SJCHS	43.88	1	2016	
MORGAN, Mackenzie	KCI	44.37	1	2015	
GALL, Grace	CCH	44.49	2	2018	
MURRAY, Myah	HHSS	44.57	1	2019	
WELLER, Daryl	SMHS	44.59	2	2012	
BISHOP, Charlotte	GPSS	44.60	2	2019	
SMITH, Eliza	RCSS	44.75	2	2015	

### SENIOR BOYS 300 METERS

Athlete	School	Performance	Place	Year	Record/Notes
SCARROW, Devonte	JFR	34.80	1	2022	*
MECHLER, Nathaniel	EDSS	35.19	1	2015	*
UTTING, Sam	JFR	35.52	2	2022	
FRYER-DAVIS, Christian	CHCI	35.78	1	2014	*
ROBINSON, CALLUM	SACSS	35.85	1	2019	
PONNAMBALAM, Ildemaro	SDCSS	35.87	2	2014	
SHERWOOD, Jordan	CHCI	36.06	1	2012	*
BUTTINGER, Scott	RCSS	36.23	1	2013	
READ, Owen	EDSS	36.41	1	2017	
PENALOZA, Marcus	SBCSS	36.55	2	2015	

### JUNIOR BOYS 300 METERS

TOZER, Nicholas	FHCI	36.07	1	2022	*
PONNAMBALAM, Ildemaro	SDCSS	36.76	1	2013	*
FISH, John	SJAM	37.26	1	2015	
ROBINSON, Callum	SACSS	37.94	1	2017	
FRASER, Bradley	OLOL	38.13	1	2016	
JACKSON, Chris	SMHS	38.36	2	2022	
WILSON, Liam	ODSS	38.53	1	2014	
MOORE, Niall	CCVI	38.60	3	2022	
ROBLES, Miguel	SMHS	38.74	2	2016	
MYERS, Andrew	SMHS	38.75	4	2022	

### NOVICE BOYS 300 METERS

ROBINSON, Callum	SACSS	38.53	1	2016	*
HERNANDEZ, Amari	SMHS	38.59	1	2019	
WILSON, Liam	ODSS	38.89	1	2013	*
ALIGA, Nathaniel	CCH	39.13	2	2013	
PATTON, Shawn	CWDSS	39.14	2	2016	
KEBA, Brennan	CCH	39.23	2	2019	
LeLIEVER, Mitchell	SMCSS	39.37	1	2015	
NICOLESCU, Alex	RCSS	39.42	3	2019	
HANTOUSH, Murhej	CHCI	39.51	4	2019	
BARANOSKI, Lucas	RCSS	39.81	1	2018	