

**WCSSAA  
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES  
2004 -2017**

**SENIOR GIRLS LONG JUMP**

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
ROEDER, Nicole	WCI	5.23	1	2008	*
LARRSON, Anna	SJAM	5.16	1	2015	
BRUGGER, Courtney	JHSS	5.14	1	2014	
STEVENS, Sam	GRCI	4.99	2	2008	
THIEL, Payton	SJAM	4.95	1	2011	
WRIGHT, Courtney	JHSS	4.94	2	2015	
DE LOS SANTOS, Leah	CHCI	4.93	1	2013	
PESTELL, Nadia	SJAM	4.93	2	2014	
CLANCY, Jessica	WCI	4.92	2	2011	
RODGERS, Aaliyah	GRCI	4.92	3	2015	

**JUNIOR GIRLS LONG JUMP**

ROEDER, Nicole	WCI	5.02	1	2006	*
WRIGHT, Courtney	JHSS	5.01	1	2013	
GRAHOVAC, Tamara	CHCI	4.92	1	2016	
TODOROVIC, Lilijana	GRCI	4.86	1	2005	*
HARLEY, Courtney	SSS	4.80	1	2011	
WEILER, Katie	EDSS	4.77	2	2005	
KOTSOPOULOS, May	WCI	4.77	1	2004	*
AMPOFOWAH, Rebecca	SJAM	4.76	1	2017	
MCKAY, Emily	WCI	4.75	2	2013	
SPREITZER, Nancy	PHS	4.75	2	2004	

**MIDGET GIRLS LONG JUMP**

WEILER, Katie	EDSS	5.03	1	2004	*
STEVENS, Sam	GRCI	4.96	1	2005	
MCLEAN, Micaela	HHSS	4.85	1	2011	
ROEDER, Nicole	WCI	4.83	2	2005	
MCLEOD, Haley	BCI	4.74	2	2011	
BUSH, Erin	CHCI	4.72	1	2008	
DELOS SANTA, Sarah	FHCI	4.71	1	2012	
BASHIR, Emilia	CHCI	4.70	3	2005	
PAINE, Nicole	GCI	4.68	1	2017	
LYN, Isabelle	WCI	4.65	1	2016	

### SENIOR BOYS LONG JUMP

Athlete	School	Performance	Place	Year	Record/Notes
O'DONNELL, Mitch	FHCI	7.11	1	2011	*
TAYLOR, Ryan	HHSS	7.04	1	2016	
YANG, Jeremy	BCI	6.88	1	2007	*
SIHARATH, Kenny	CHCI	6.85	2	2017	
MAPP, Isaac	PHS	6.67	3	2017	
GOETZ, Jason	PHS	6.55	1	2004	*
COK, Braden	SJAM	6.41	1	2013	
COLORADO, Bobby	GRCI	6.38	2	2006	
HUNTE, David	CHCI	6.30	2	2004	
REINHART, Keith	FHCI	6.28	2	2007	
MCHAINA, Madalitso	SSS	6.28	2	2013	

### JUNIOR BOYS LONG JUMP

O'DONNELL, Mitch	FHCI	6.50	1	2010	*
YANG, Jeremy	BCI	6.42	1	2005	*
KHAN, Shamir	GPSS	6.42	1	2016	
SIHARATH, Kenny	CHCI	6.39	1	2015	
GARRICK, Darnell	FHCI	5.96	2	2005	
COK, Braden	SJAM	5.96	1	2011	
MAPP, Isaac	PHS	5.95	2	2016	
GUERRA, Talon	HHSS	5.93	1	2008	
STEGNER, Patrick	SJAM	5.93	1	2014	
SHARPE, Ryan	GCI	5.89	3	2005	

### MIDGET BOYS LONG JUMP

YANG, Jeremy	BCI	6.27	1	2004	*
VARGA, Tyler	CHCI	6.08	1	2008	
MCHAINA, Madalitso	SSS	5.91	1	2011	
KHAN, Shamir	GPSS	5.88	1	2015	
NORONHA, Jalen	CHCI	5.87	1	2010	
LO, Chris	JHSS	5.85	1	2007	
DESLANDES, Myles	GCI	5.75	2	2011	
INTHAVONGKY, Barney	FHCI	5.74	2	2008	
MUSSELMAN, Aaron	BCI	5.74	1	2005	
NICHOLAS, Jeremy	JHSS	5.72	1	2006	