

TRACK WARS
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2013 -2017

SENIOR GIRLS 100 METER HURDLES

Athlete	School	Performance	Place	Year	Record/Notes
AITKEN, Lexi	SACSS	14.32	1	2013	*
MCLEAN, Micaela	HHSS	14.45	1	2014	
BAMIGBADE, Tomi	CHCI	14.64	1	2017	
MELVIN, Alissa	SDCSS	14.70	2	2017	
EFREMENKO, Bella	CHCI	14.75	2	2014	
PARSONS, Megan	HHSS	14.85	3	2013	
BULTEN, Rheanna	PHS	14.97	4	2013	
BOWERMAN, Emily	JFR	15.24	5	2013	
RODGERS, Aaliyah	GRCI	15.51	2	2015	
PRUST, Anna	ESS	15.90	3	2015	

JUNIOR GIRLS 80 METER HURDLES

BOUG, Tyra	HHSS	12.10	1	2016	*
MELVIN, Alissa	SDCSS	12.46	1	2015	*
EFREMENKO, Bella	CHCI	12.49	1	2013	*
LARSSON, Anna	SJAM	12.62	2	2013	
ROGERS, Aaliyah	GRCI	12.81	1	2014	
HANNAM, Tiffany	Banting	12.85	3	2013	
McKAY, Emily	WCI	13.01	4	2013	
HENDERSON, Brooke	Banting	13.08	5	2013	
CHANTHAVONG, Phorntip	CHCI	13.14	2	2014	
SHANTZ, Mackeely	WODSS	13.17	1	2017	

MIDGET GIRLS 80 METER HURDLES

BEST, Ashlan	GCVI	12.46	1	2014	*
STEPHAN, Kendall	ESS	12.81	1	2015	
BOUG, Tyra	HHSS	12.81	2	2015	
SHANTZ, Mackeely	WODSS	13.17	1	2017	
RODGERS, Aaliyah	GRCI	13.19	1	2013	*
LLOYD, Anastasia	CHCI	13.23	2	2017	
RAMSEYER, Jessie	CHCI	13.34	3	2017	
NOSAKHARE, Eseosa	Bluevale	13.45	2	2014	
MELVIN, Alissa	SDCSS	13.56	3	2014	
ABIODUN, Nike	WCI	13.58	3	2015	