

TRACK WARS
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2009 -2017

SENIOR GIRLS LONG JUMP

Athlete	School	Performance	Place	Year	Record/Notes
DUNCAN, Chelsea	SWCSS	5.05	1	2009	*
MELVIN, Alissa	SDCSS	5.04	1	2016	
BARRY, Tomiezel	SJAM	5.04	2	2009	
FLEMINGTON, Katie	CCVI	5.00	1	2010	
BRUGGER, Courtney	JHSS	4.97	1	2013	
HIGGINS, Emma	RCSS	4.90	1	2012	
OLDFIELD, Emily	Elmvale	4.90	1	2015	
WRIGHT, Courtney	JHSS	4.90	1	2015	
CARMICHAEL, Danielle	OSCVI	4.85	2	2010	
BLACKWELL, Steph	RCSS	4.85	2	2010	

JUNIOR GIRLS LONG JUMP

MELVIN, Alissa	SDCSS	5.16	1	2015	*
MERCURIO, Angela	SMHS	5.09	1	2012	*
McLEAN, Micaela	HHSS	4.91	2	2012	
WRIGHT, Courtney	JHSS	4.76	1	2013	
HELLINGA, Nicole	WCHS	4.73	1	2017	
BRUGGER, Courtney	JHSS	4.67	3	2012	
HIGGINS, Emma	RCSS	4.64	1	2011	*
LANOOY, Samantha	LCSS	4.53	2	2013	
BANJOKO, Adeolu	WCI	4.45	1	2014	
COULIS, Ivy	SDCSS	4.45	4	2012	

MIDGET GIRLS LONG JUMP

PAINE, Nicole	Galt	4.90	1	2017	*
MORRISON, Tegan	SJAM	4.89	2	2017	
BELFON, Bianca	Notre Dame	4.72	1	2016	*
KEMPERMAN, Clara	GRCI	4.64	3	2017	
BRONWELL, Nicole	AHS	4.62	1	2013	*
GIBSON, Elissa	WCHS	4.61	4	2017	
WATSON, Ahijah	ECI	4.60	1	2015	
MARKOVINOVIC, Celia	BMCHS	4.58	2	2016	
MAZUR, Monica	RCSS	4.50	1	2009	*
FARQUHARSON, Sara	GCVI	4.50	2	2015	