

TRACK WARS
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2009 -2017

SENIOR GIRLS 4 x 100 METER RELAY

Athlete	School	Performance	Place	Year	Record/Notes
St. David C.S.S.	SDCSS	49.40	1	2017	*
St. Mary's H.S.	SMHS	50.49	1	2012	*
St. Augustine (Brampton)	St. Augustine	50.73	1	2009	*
St. Mary's H.S.	SMHS	50.75	1	2013	
Resurrection C.S.S.	RCSS	50.87	2	2017	
Catholic Central (London)	CCH	51.21	2	2013	
Centre Wellington DHS	CWDHS	51.73	1	2014	
Jacob Hespeler S.S.	JHSS	51.77	3	2017	
Resurrection C.S.S.	RCSS	51.87	3	2013	
Waterloo C.I.	WCI	52.04	1	2015	

JUNIOR GIRLS 4 x 100 METER RELAY

St. David C.S.S.	SDCSS	51.22	1	2015	*
Resurrection C.S.S.	RCSS	51.54	1	2016	
St. Mary's H.S.	SMHS	52.23	1	2012	*
Guelph Centennial V.I.	GCVI	52.36	2	2015	
St. Mary's H.S.	SMHS	52.76	1	2011	*
St. Marcellinus C.S.S.	St. Marcellinus	52.92	1	2009	*
Huron Heights S.S.	HHSS	52.99	2	2016	
Resurrection C.S.S.	RCSS	53.23	3	2015	
Sir J. A. Macdonald	SJAM	53.34	2	2012	
Sir Frederick Banting	Banting	53.51	1	2013	

MIDGET GIRLS 4 x 100 METER RELAY

Resurrection C.S.S.	RCSS	51.83	1	2010	*
Catholic Central (London)	CCH	53.55	2	2010	
Resurrection C.S.S.	RCSS	53.84	1	2014	
St. James C.H.S	SJCHS	54.31	1	2016	
London Central S.S.	LCSS	54.45	1	2009	*
Galt Collegiate	Galt	54.49	1	2017	
Cameron Heights C.I.	CHCI	54.53	2	2016	
St. Anne's C.S.S	SACSS	54.72	2	2017	
Sir J. A. Macdonald	SJAM	54.86	3	2016	
Guelph Centennial V.I.	GCVI	55.05	1	2015	