

## WCSSAA/D8 Meet Schedule

### TRACK SCHEDULE - WEDNESDAY

**NOTE:** Any track or field event may start up to one-half hour before the times shown in this schedule. Coaches are asked to ensure that all athletes are informed of this fact and the importance of listening to announcements. Please encourage athletes to be at the facility at least 45 minutes before the scheduled event time.

9:00am	Midget Girls	80 m Hurdles (30")	Heats
	Junior Girls	80 m Hurdles (30")	Heats
	Senior Girls	100 m Hurdles (30")	Heats
	Midget Boys	100 m Hurdles (33")	Heats
	Junior Boys	100 m Hurdles (36")	Heats
	Senior Boys	110 m Hurdles (36")	Heats
9:45	Amb/ID/VI	100 m	Final
9:50	Midget Girls	100 m (back straight)	Heats
	Midget Boys	100 m (front straight)	Heats
10:20	Junior Girls	100 m (back straight)	Heats
	Junior Boys	100 m (front straight)	Heats
10:50	Senior Girls	100 m (back straight)	Heats
	Senior Boys	100 m (front straight)	Heats
11:20	Open Girls	1500 m Steeplechase	Final
	Open Boys	2000 m Steeplechase	Final
11:50	Midget Girls	100 m	Semi-Finals
	Junior Girls	100 m	Semi-Finals
	Senior Girls	100 m	Semi-Finals
	Midget Boys	100 m	Semi-Finals
	Junior Boys	100 m	Semi-Finals
	Senior Boys	100 m	Semi-Finals
12:30	Midget Girls	1500 m	Final
	Junior Girls	1500 m	Final
	Senior Girls	1500 m	Final
1:30	Midget Girls	80 m Hurdles (30")	Final
	Junior Girls	80 m Hurdles (30")	Final
	Senior Girls	100 m Hurdles (30")	Final
	Midget Boys	100 m Hurdles (33")	Final
	Junior Boys	100 m Hurdles (36")	Final
	Senior Boys	110 m Hurdles (36")	Final
2:30	Midget Girls	400 m	Final
	Junior Girls	400 m	Final
	Senior Girls	400 m	Final
	Midget Boys	400 m	Final
	Junior Boys	400 m	Final
	Senior Boys	400 m	Final

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	WCG & WCB	400 m	Final
3:45	Midget Boys	1500 m	Final
	Junior Boys	1500 m	Final
	Senior Boys	1500 m	Final
4:45	Midget Girls	100 m	Final
	Junior Girls	100 m	Final
	Senior Girls	100 m	Final
	Midget Boys	100 m	Final
	Junior Boys	100 m	Final
	Senior Boys	100 m	Final

### TRACK SCHEDULE - THURSDAY

9:00 am	<b>Senior Girls</b>	<b>200 m</b>	<b>Heats</b>
	<b>Senior Boys</b>	<b>200 m</b>	<b>Heats</b>
	<b>Junior Girls</b>	<b>200 m</b>	<b>Heats</b>
	<b>Junior Boys</b>	<b>200 m</b>	<b>Heats</b>
	<b>Midget Girls</b>	<b>200 m</b>	<b>Heats</b>
	<b>Midget Boys</b>	<b>200 m</b>	<b>Heats</b>
10:30	Senior Girls	3000 m (alley start)	Final
	Senior Boys	3000 m (alley start)	Final
11:00	<b>Senior Boys</b>	<b>400 m Hurdles (36")</b>	<b>Timed Final</b>
	<b>Senior Girls</b>	<b>400 m Hurdles (30")</b>	<b>Timed Final</b>
	<b>Junior Girls</b>	<b>300 m Hurdles (30")</b>	<b>Timed Final</b>
	<b>Midget Girls</b>	<b>300 m Hurdles (30")</b>	<b>Timed Final</b>
	<b>Junior Boys</b>	<b>300 m Hurdles (33")</b>	<b>Timed Final</b>
	<b>Midget Boys</b>	<b>300 m Hurdles (33")</b>	<b>Timed Final</b>
12:30	Junior Girls	3000 m (alley start)	Final
	Junior Boys	3000 m (alley start)	Final
1:00	<b>Senior Girls</b>	<b>800m (box start)</b>	<b>Timed Final</b>
	<b>Senior Boys</b>	<b>800m (box start)</b>	<b>Timed Final</b>
	<b>Junior Girls</b>	<b>800m (box start)</b>	<b>Timed Final</b>
	<b>Junior Boys</b>	<b>800m (box start)</b>	<b>Timed Final</b>
	<b>Midget Girls</b>	<b>800m (box start)</b>	<b>Timed Final</b>
	<b>Midget Boys</b>	<b>800m (box start)</b>	<b>Timed Final</b>
	Amb/ID/VI	800m (box start)	Timed Final

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2:30	<b>Senior Girls</b>	<b>200 m</b>	<b>Final</b>
	<b>Senior Boys</b>	<b>200 m</b>	<b>Final</b>
	<b>Junior Girls</b>	<b>200 m</b>	<b>Final</b>
	<b>Junior Boys</b>	<b>200 m</b>	<b>Final</b>
	<b>Midget Girls</b>	<b>200 m</b>	<b>Final</b>
	<b>Midget Boys</b>	<b>200 m</b>	<b>Final</b>
	<b>WCG &amp; WCB</b>	<b>200 m</b>	<b>Final</b>
3:00	Midget Girls	3000 m (alley start)	Final
	Midget Boys	3000 m (alley start)	Final
3:30	<b>Senior Girls</b>	<b>4 x 100 m Relay</b>	<b>Timed Final</b>
	<b>Senior Boys</b>	<b>4 x 100 m Relay</b>	<b>Timed Final</b>
	<b>Junior Girls</b>	<b>4 x 100 m Relay</b>	<b>Timed Final</b>
	<b>Junior Boys</b>	<b>4 x 100 m Relay</b>	<b>Timed Final</b>
	<b>Midget Girls</b>	<b>4 x 100 m Relay</b>	<b>Timed Final</b>
	<b>Midget Boys</b>	<b>4 x 100 m Relay</b>	<b>Timed Final</b>
5:00	Open Girls	4 x 400 m Relay	Timed Final
	Open Boys	4 x 400 m Relay	Timed Final

# WCSSAA/D8 Meet Schedule

## **FIELD SCHEDULE -**

**NOTE:** Any track or field event may start up to one-half hour before the times shown in this schedule. Coaches are asked to ensure that all athletes are informed of this fact and the importance of listening to announcements. Please encourage athletes to be at the facility at least 45 minutes before the scheduled event time.

**NEW 2011:** If there are a large number of entries, we encourage the official to split the group into WCSSAA competing for the first 90 min. and D8 competing for the second 60 min. We hope this will alleviate athletes standing around. Please make sure athletes check with the official at the beginning of each event.

• Senior Boys are the only ones that use the 800g Javelin, 12 lb shot put and the 1.62 kg discus.

### **Wednesday**

9:00 am  
Md. Girls Long Jump  
Sr. Girls High Jump  
Md. Boys Shot Put  
Md Boys Pole Vault  
Jr. Boys Discus  
Sr. Boys Javelin  
Sr. Boys Triple Jump

11:30 am  
Md. Girls Shot Put  
Jr. Girls Discus  
Sr. Girls Pole Vault  
Sr. Girls Javelin  
Md. Boys Long Jump  
Jr. Boys Triple Jump  
Sr. Boys High Jump

2:00 pm  
Md. Girls High Jump  
Jr. Girls Long Jump  
Sr. Girls Triple Jump  
Md. Boys Javelin  
Jr. Boys Shot Put  
Jr. Boys Pole Vault  
Sr. Boys Discus

### **Thursday**

9:00 am  
Md. Girls Javelin  
Md Girls Pole Vault  
Jr. Girls Shot Put  
Jr. Girls Triple Jump  
Sr. Girls Discus  
Md. Boys High Jump  
Jr. Boys Long Jump

11:30 am  
Md. Girls Triple Jump  
Jr. Girls High Jump  
Sr. Girls Long Jump  
Md. Boys Discus  
Jr. Boys Javelin  
Sr. Boys Shot Put  
Sr. Boys Pole Vault

2:00 pm  
Md. Girls Discus  
Jr. Girls Javelin  
Jr. Girls Pole Vault  
Sr. Girls Shot Put  
Md. Boys Triple Jump  
Jr. Boys High Jump  
Sr. Boys Long Jump